



# Online Safety

January is National Human Trafficking Prevention Month. ALL social media is looking to connect you with people. People may keep their **true** identity hidden. A wrong-doer uses social media as a way to connect with people without identifying themselves. Redemption Ridge, a local organization that works with survivors of domestic sex trafficking, warns that often pimps will target children online first.

## *Social Media? What does that mean?*



### When communicating with someone online, ask yourself these questions:

- Have I ever seen this person?
- What would the most important person in my life say about this person?
- If my parent was looking at the page with me, how would I feel about it?

# If your gut tells you it's not good, listen!

- *Keep your information for you ONLY!*

*No other person has your fingerprints or personality, there is only one YOU!*

*Do not give away your information:*

- Name
- Phone number
- Address
- Hair color
- Eye color
- Social media information
- Pictures of yourself



- *Do not post on websites when you're mad or sad! When we are feeling emotional we say things we do not mean. Instead:*



- Talk to someone you trust
- Take a walk
- Listen to your favorite music
- Draw or color



## Electronic Contract

I will commit to the following guidelines when using electronics:

- Only use any electronic (gaming device, cell phone, television, etc.) in a place where my parents can access the contents of the device easily.
- Share information with an adult about things I see, read, or hear that makes me feel uncomfortable.
- Check with an adult **BEFORE** I load a new game or system onto my device.
- Use electronics from \_\_\_\_\_ to \_\_\_\_\_ and for no longer than \_\_\_\_\_ hours per day.
- Never share personal information about myself to anyone on the devices.
- If I view something that makes me sad or mad, I will do my designated activity and not use my device as a means of releasing my emotions.

\_\_\_\_\_  
Child Signature

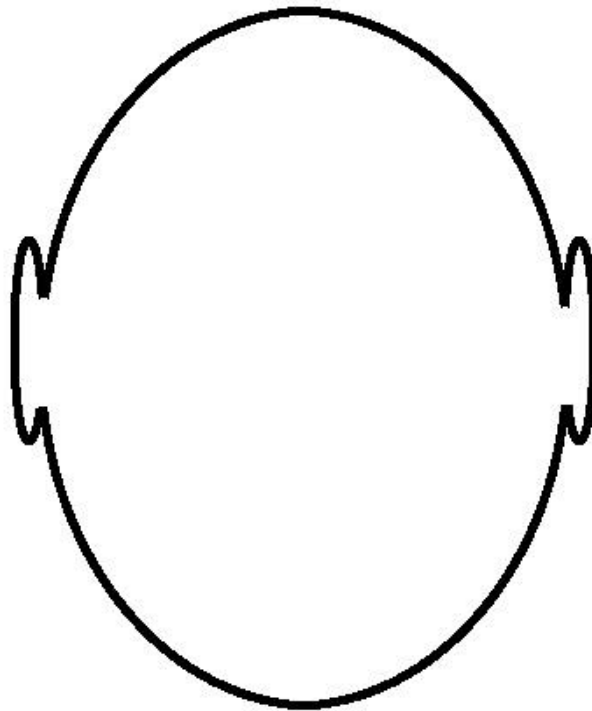
\_\_\_\_\_  
Date

\_\_\_\_\_  
Adult Signature

\_\_\_\_\_  
Date

When I am excited, scared, sad, or mad I'll tell...

(draw and color the face of your trusted adult)



My trusted adult is \_\_\_\_\_

When I am excited, sad, or mad I would like to do this activity: